

# Caring for Nordfjord

Welcome to Nordfjord – a unique destination with breathtaking nature and vibrant local communities. We want to preserve this beautiful region, and we hope you'll follow these simple guidelines during your visit:

## 1. Leave no trace in nature

Stick to marked trails and avoid camping in fragile areas. Use established fire pits, bring your own firewood, and follow the fire ban from April 15 to September 15.

## 2. Respect wildlife and plants

Be mindful of animals, especially during calving and nesting seasons. Keep a safe distance from wild animals, keep dogs on a leash, and don't pick rare flowers. Berry picking is allowed in most areas — check local regulations.

## 3. Leave no waste and use designated toilet facilities

Always take your trash with you and avoid using wet wipes, as they decompose very slowly. Use toilets where available, and bring used toilet paper with you if no facilities are present.

## 4. Use campsites

To protect nature, camp at designated sites with access to toilets and waste disposal.

## 5. Respect private property

Stay off private roads and land unless you have permission from the landowner. Close gates behind you to prevent farm animals from escaping.

## 6. Hire local guides for adventures

The nature in Nordfjord is stunning, but also unpredictable. Local guides provide safe and memorable experiences on hikes, glaciers and fjords. Always check the weather forecast at [www.yr.no](http://www.yr.no) before heading out.

## 7. Be considerate

Respect fellow hikers, locals, and the natural surroundings. Silence is part of the experience, and greeting others along the trail is common.

## 8. Stay safe in the mountains

Some areas in Nordfjord have avalanche risk, especially in winter. Plan your trip carefully, check avalanche warnings at [www.varsom.no](http://www.varsom.no), and bring extra clothes and food.

## 9. Drive safely

The roads can be narrow and winding, so drive carefully and stay on your side of the road. Check [www.vegvesen.no](http://www.vegvesen.no) for traffic and road condition updates. Wear a reflective vest if walking along roads in the dark.

## 10. Photography and drones

Always ask permission before photographing people, and follow current drone regulations. Drones can disturb both wildlife and locals.

**We care about Nordfjord – and we hope you do too!**